+ (Idaho Pacific) Potatoes: Potatoes, whey product, soy protein, sodium caseinate, calcium phosphate, calcium stearoyl lactylate, calcium oxide, mono and diglycerides, absorbic acid, sapp, sodium bisulfite, citric acid, BHA

(Subway) Turkey Breast: turkey breast, turkey broth, carrageenan, dextrose, corn derived food starch, salt, seasoned salt, sodium diacetate, flavoring, sodium lactate, sodium phosphate, browned in soybean oil

(Jenni) Turkey: turkey breast, turkey broth, potassium lactate, salt, dextrose, sodium phosphate, sodium diacetate

(Le Gout) Gravy: Turkey stock, chicken fat, wheat, flour, turkey gizzards and hearts, dark turkey meat, modified corn starch, salt, tomato paste, sugar, natural flavors, autolyzed yeast extract, dextrose, caramel color, turmeric, spices, extractives of paprika

(Green Giant) Corn: corn, water, sugar, salt

(Valasic) Pickles: cucumbers, vinegar, salt, calcium chloride, sodium benzoate, polysorbate 80, yellow 5

(Hummels) Hot Dogs: beef, pork, water, salt, spices, sodium phosphate, paprika, sodium acetate, garlic powder, erytherbate, flavorings, sodium nitrate

(Schreiber) American cheese: culterd milk, skim milk, water, cream, sodium citrate, salt, sodium phosphate, sorbic acid, citric acid, acetic acid, enzymes, soy, lecithin, artificial color, milk

(Great Lakes) Cheddar cheese: pasteurized milk, cheese culture, salt, enzymes, annatto, potato starch, powdered cellulose

(Tyson) Chicken cutlet: chicken breast with rib meat, water, vegetable protein product, soy protein, magnesium oxide, zinc oxide, niacin amide, ferroas sulfate, vitamin B12, copper gluconate, vitamin A paimitate, calcium pantotherate, pyridoxine, hydrochloride, thicimine monoitrate, riboflavin, dried whole eggs, salt, onion powder, corn starch, natural flavor, sodium phosphates, wheat flour, spices, dextrose, garlic powder, oleoresin, paprika, annatte, xanthum gum, vegetable oil, soy, wheat

(Foothill) Taco Powder: enriched bleached flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid, enzyme, salt, maltodextrin, spices, chili pepper, onion, paprika, garlic, extractive of paprika, citric acid, wheat

(Stop & Shop, County Fair BJ’s, or Price Rite) Rolls + Bread: flour, malted barley, niacin, thiamin mononitrate, vitamin B1, riboflavin, vitamin B2, folic acid, water, high fructose corn syrup, yeast, soybean oil, salt, wheat gluten, calcium proionate, preservatives, grain vinegar, wheat, soy. Used for hot dog, chicken cutlet, and hamburg day.
(Gourmet) Bagels: flour, water, sugar, salt, malt, yeast, brown sugar, dextrose, corn flour, DATISM, soy flour, soy oil, calcium, carbonate, absorbic acid, enzymes, soy lecithin, sesame seeds, soy flour

(Jello) Jello: sugar, corn sugar, gelatin, adipic acid, sodium phosphate, sodium citrate, artificial flavor, absorbic acid, vitamin C, artificial coloring

(Palmeris) Sauce: tomatoes, tomato paste, canola oil, olive oil, garlic, salt, pepper, parsley, oregano, fennel seed, basil

(BJ’s or Price Rite) Ice Cream: milkfat nonfat milk, corn syrup, high fructose corn syrup, mono and diglycerides gumgum, xanthan gum, calcium sulfate, cellulose gum, artificial flavor, locust bean gum, vanilla extract, carrageenan. Bleached wheat flour, caramel color, corn sugar, hydrogenated soybean oil, corn flour, cocoa, high fructose corn syrup, corn starch, baking soda, salt, soy lecithin, soy, and wheat.

(Musselmans) Pudding: water, sugar, skim milk, soy bean oil, food starch, corn, dextrose, cocoa with alkali, lactose, salt, sodium, stearoyl lactylate, artificial flavor

(Ponchovilla) Taco shells: enriched limed corn niacin, iron, thiamin mononitrate, riboflavin, folic acid, palm/TBHQ preservatives

(AxleRod or Philadelphia) Cream Cheese: pasteurized cultured milk and cream, whey, salt, xanthan, carob bean, tara, guar gum

(Delmonte) Fruit Cocktail: peaches, water, pears, grapes, corn syrup, pineapple, sugar, cherry halves, coloring

(Delmonte or Libby’s) Peaches: peaches, water, corn syrup, sugar

(Nabisco) Cookies: enriched flour, wheat, niacin, reduced iron, thiamin mononitrate, vitamin b1, riboflavin, vitamin b2, folic acid, sugar, semisweet chocolate chips, dextrose, cocoa butter, soy lecithin, soybean oil, salt, whey from milk, molasses, natural and artificial flavor, caramel color

(Aunt Jemima) Pancakes: enriched wheat flour, niacin, reduced iron, thiamin mononitrate, vitamin b1, riboflavin, vitamin b2, folic acid, buttermilk, high fructose corn syrup, corn flour, whole eggs, water, soybean oil, soy flour, salt, sodium aluminum phosphate, sodium bicarbonate, artificial flavor

(Apolio) Meatballs: beef, water, vegetable protein product, soy protein, ninc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate, pyridoxine hydrochloride, riboflavin, cyanocobalamin, soy lecithin, maltodextrin, whey, salt, onion, garlic powder, parsley, parmesan cheese, cottonseed, soybean, celery, romano cheese, disodium phosphate, bread crumbs, bleached flour, sodium acid pyrophosphate, sodium bicarbonate, oleoresin paprika, tomato paste

(Jones) Sausage: pork, water, salt, dextrose sugar, spices
(Berkley and Johnson) Pretzels: wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid, salt, malt, corn syrup, vegetable oil, canola oil, corn oil, soybean oil, yeast, sodium, bicarbonate, ammonium bicarbonate

(Kellogs) Nutri-grain Bars: corn syrup, fruit puree, glycerin, sugar, water, sodium alginate, corn starch, malic acid, methylcellulose, dicalcium phosphate, cinnamon, citric acid, caramel, oats, flour, niacin, iron, thiamin mononitrate, riboflavin, sunflower and soybean oil, honey, dextrose calcium carbonate, corn fiber, dry milk, wheat bran, salt, cellulose, potassium bicarbonate, vanilla, mono and diglycerides, propylene glycol, soy lecithin, wheat gluten, niacinamide, sodium stearoyl lactylate, palmitate, carrageenan, zinc oxide, guar gum, pyridoxine hydrochloride, thiamin hydrochloride, folic acid,

(McDonalds) Chicken nuggets-white boneless chicken, water, modified cornstarch, salt, chicken flavor, yeast extract, safflower oil, dextrose, citric acid, rosemary, sodium phosphates, niacin, iron, thiamine mononitrate, riboflavin, folic acid, yellow cornflower, wheat flower, baking soda, sodium acid pyrophosphate, sodium aluminum phosphate, monocalcium phosphate, calcium lactate, whey

(Pepperidge Farm) Goldfish- wheat flour, niacin, iron, thiamin mononitrate, vitamin b1, riboflavin, vitamin b2, folic acid, cheddar cheese, pasteurized cultured milk, salt, enzymes, annatto, vegetable oils, sunflower, canola, soybean oils, yeast, sugar, leavening, baking soda, onion powder

(Michaletti) Egg patties- whole egg, water, vegetable oil, whey solids, nonfat dried milk, salt, gum, citric acid, white pepper, butter flavor, soybean and cottonseed oil, triglycerides

(Subway) White Italian Bread: enriched flour, wheat flour, barley malt, niacin, iron, thiamin mononitrate, riboflavin, folic acid, water, sugar, soybean oil, yeast, salt, wheat protein isolate, wheat gluten, acetylated tartaric acid esters of mono and diglycerides, ammonium sulfate, calcium sulfate, ascorbic acid, azodicarbonamide, potassium iodate, amylase enzymes, sodium stearoyl-2-lactylate, mineral oil

(Wise) Plain potato chips- vegetable oil, corn, cottonseed, canola oil, salt, potatoes

(Wise) Popcorn- vegetable oil, popcorn, corn, cottonseed, canola oil, salt, corn syrup, color, corn starch, triglycerides, flavors, milk ingredients

(Wise) Cheese doodles- corn meal, vegetable oil, corn, cottonseed, canola oil, salt, whey, corn starch, calcium carbonate, buttermilk, cheddar cheese, monosodium glutonate, color, milk, calcium, sodium, butter oil, coloring, lactic acid, flavors, milk, soy

(Wise) Cornchips- corn, vegetable oil, corn, cottonseed, canola oil, salt, transfat

(Wise) Honey bbq chips- potatoes, vegetable oil, corn, cottonseed, canola oil, salt, sugar, honey, fructose, dextrose, monohydrate, wheat starch, monosodium glutate, tomato and onion powder, maltodextrin, coloring garlic powder, paprika, citric acid, flavor, barley malt flour, hydroxylated soy lecithin, soy, wheat
(Wise) Cheese doodles - corn meal, vegetable oil, corn, cottonseed, canola oil, salt, whey, cheddar cheese, cultured milk, calcium carbonate, buttermilk, butter, sodium phosphate, butter oil, coloring, autolized yeast extract, thiamine, hydrochloride, fructose, disodium guanylate, disodium inosinate, flavors, transfat, milk ingredients

(Musselman) Apple sauce - high fructose corn syrup, water, ascorbic acid, vitamin c, apples

(Lakeside Foods) Peas - peas, water, sugar, salt

(Thurston) Hamburger meats - ground meat, fat

BJ’s rolls - used for meatball day flour, wheat flour, malted barley, niciane, potassium bromate, iron thiamine mononitrate, riboflavin, folic acid, veg. oil, soybean and cottonseed oil, salt, lactylate soy, dextrose, egg yolks, calcium and sulfate.

Mac and cheese; heavy cream, carrageenan, mono and diglycerides and polysorbate 80, milk. Cheese whey, partially hydrogenated soybean oil, modified food starch, cheddar and blue cheese, cultured milk, salt, enzymes, salt sodium phosphate. Natural flavors, monosodium glutamate, sodium stearoyl lactylate, mono and diglycerides, vinegar, fd&c yellow #5 and #6 lactic and citric acids. Pasta - durum wheat semolina, enriched with iron, ferrous sulfate and b vitamins, niacin, thiamin mononitrate, riboflavin, and folic acid.